

SEFTON PARK - STATEMENT OF PURPOSE

Sefton Park, 10 Royal Crescent, Weston-super-Mare, BS23 2AX

Sefton Park is a listed building located in the heart of the seaside town of Weston-Super-Mare, North Somerset, some ten minutes drive from the M5 and ten minutes walk from the railway station.

At Sefton Park we aim to provide you with as much information as you need in order to make an informed decision as to whether or not we offer the right treatment choice for you. If there is any thing that is not addressed in this document, or if anything is unclear, then please ask any member of staff, all of whom are here to help.

We are able to accommodate 28 clients and all our rooms comply with the relevant regulations.

As Sefton Park draws clients from across the country it enjoys a good reputation with health care professionals both locally and nationally. Our programme is delivered over a period of a minimum of six months within the safe and supportive environment of a Therapeutic Community.

.Purpose of the Organisation

Sefton Park aims to create a supportive environment where each service user can make use of the opportunity to acknowledge and address their addiction issues.

An integrative approach is utilized within the safety of a therapeutic community and is delivered by a skilled team of counsellors and therapists who are experienced and trained in the field of addiction.

Experience of the Registered Manager.

- Batchelor of Arts Degree
- Higher National Diploma in Counselling
- CSCT Diploma in Counselling
- CSCT Combined Certificate in Counselling Theory and Skills
- Health and Safety training
- Control and Restraint training
- 10 years of professional experience working with addiction and mental health issues within the non statutory health sector
- Extensive group and one-to-one client experience in many different facets, expanding the therapy to encompass the client's needs
- Supervision of a multi-disciplinary team in an inpatient and day patient setting.
- Training of staff teams who work in a care setting in legislation, supervision, mental health awareness, groups and teamwork

- The co-design, development and delivery of a level four BTEC Addiction Therapist Training Course.

Relevant qualifications and experience of staff working at the care home

There are currently nine permanent members of staff and four sessional members of staff.

Three members of the counselling team are qualified to Diploma Level, of which two have in excess of 10 years experience working in this type of setting, and one in excess of five years experience working in various settings. The remaining member of the counselling team is currently engaged in a Diploma Counselling Course.

The members of the administration team are qualified to City and Guilds level and to A Level standard.

Collectively the team has over 30 years' experience of working in the field of addiction.

Other qualifications held by the team are RGN, Food Hygiene and Fire Safety.

Organisational Structure.

Board of Directors: Graham Maguire, Elizabeth Maguire

Services Manager: Adrian Cole

Counsellors: Irene Rendall, Susan Hewlett, and Del Wheeler

Ancillary and Domestic: Robert Luxon, Alan Bates, Karen Bengler, and James Roberts

Voluntary Workers: James Clarke

Range of needs for which Sefton Park intends to provide appropriate services

We are committed to identifying and where possible addressing the issues raised around addiction for the individual.

Improving the health, social wellbeing and quality of life for those requiring our services, and subsequently helping the family and the community.

We will deliver programmes and styles of interventions that are evidence based.

The programme will be delivered in a range of different ways encompassing drug and alcohol prevention, education in life skills, structured counselling, an abstinence based programme delivered in response to the clients needs.

Nursing

Not provided, but professional advice will be sought where necessary.

Criteria For Admission

We operate an open referral system with referrals accepted from all sources. Initial telephone contact is followed by a personal visit to Sefton Park, where all clients will have an assessment interview with an appropriate member of staff.

Suitability for admission will be based on motivation of the individual and their ability to maintain the integrity of the group.

All clients must abstain from the use of alcohol and other mood altering chemicals.

Emergency admissions would only occur under the above guidelines.

[To download details of the information requested when booking an assessment.](#)

Arrangements for service users to engage in social activities, hobbies and leisure interests

Socializing is a vital part of being a fully functioning member of society and is encouraged, but because of the nature of the service users most social activities take place with other group members.

There are restrictions around visiting licensed premises.

Arrangements made for consultation with service users about the operation of the care home

All clients are encouraged to approach any member of staff to discuss any issues or concerns they may have.

A community meeting is held once a week and feedback is encouraged regarding all aspects of the service provided. Any issues raised will be documented and brought to the attention of the manager. Where necessary, appropriate action will be taken.

Service users will be informed either individually or collectively of any changes which directly affect them or the daily management of the care home.

Fire precautions and associated emergency procedures in the care home

We will work to the standards required under the relevant fire precautions, namely The Fire Precautions Act 1971 and the Fire Precautions (workplace) Regulations 1997 which make recommendations regarding risk assessments and appropriate action which may be required.

All emergency procedures are made available to service users and staff.

There will be a regular fire drill and check of equipment.

Arrangements for service users to attend religious services of their choice

All service users will have the opportunity to attend local facilities.

Arrangements for contact between clients and their relatives, representatives and friends

This will occur throughout the stay of the service user. There are restrictions during the initial stages of treatment in relation to home visits. This is to encourage service users to utilize the support of the therapeutic group and build trust and understanding of self and others.

Arrangements for dealing with complaints.

All complaints will be dealt with appropriately and sensitively. Service users will be encouraged to verbalize issues raised either in the community meeting or directly to any member of staff. Staff will be responsible for reporting all complaints to the Manager. The complaint will be investigated and where possible resolved within 28 days.

The Manager is responsible for recording complaints in the complaint book and for informing the service user of his/her rights to contact the CSCI and of their right to Advocacy.

The complaints book will be regularly examined and all actions and outcomes will be recorded.

Arrangements made for dealing with reviews of service users care plans

Each service user will have a care plan which will be a working tool for both the service user and the staff. The care plan has to be agreed by the service user and must be signed by both parties. The care plan system is an on going record for both parties and one copy should be supplied to the service user and one copy retained in his/her file.

Within this care plan will be review dates agreed between both parties, which will occur where possible on a regular basis of not more than one month intervals during a service users treatment.

The number and size of the rooms in the care home

There are 16 bedrooms in the care home, 12 of which are double and 4 are single. All room sizes comply with the relevant regulations.

Specific therapeutic approaches used in the care home.

Therapy will consist of both group and individual therapy.

All client work will be monitored internally and external supervision is encouraged.

Staff will not be asked to utilize a technique that they have not been trained in. All staff will be offered training where appropriate.

All staff take part in management supervision, which utilizes the Hawkins model. This model brings together the organisation, the staff member and the service user. All sessions will be recorded.

Service users have the right to privacy and dignity.

Respecting the service users right to privacy and dignity is the responsibility of the staff and service users.

Any person entering another's room will be required to knock first unless there is an emergency.